

# Steroid Nation

Steroid Nation (TM) is an online journal looking at the use of anabolic steroids (and performance enhancing drugs PEDs, HGH, doping) in sports, youth, and society. By Gary Gaffney, M.D., from the University of Iowa, College of Medicine.

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03/14/2007

## Evander Holyfield expands on 'hormone' use, then drops a bomb: 'Mike Tyson is doing it (steroids)'

Like a spreading cancer this illicit drug thing metastasizes (prior Holyfield posts [here](#), [and here for starters](#)). Now, Evander Holyfield, apparently feeling some heat, says he was told Mike Tyson juiced. [Expanded story in Atlanta Constitution](#). Not that anyone should be surprised. [Max Kellerman estimated 70%](#) of heavyweights were on the program. For Holyfield, the result of ingesting some bad crustaceans (but possibly hepatitis):



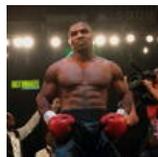
Holyfield admitted for the first time Tuesday that he took a drug "two or three times," which he says was prescribed, for occasional fatigue problems he had battled since contracting hepatitis A in 1995, before a heavyweight title defense against Riddick Bowe. (Holyfield said he thinks he got the virus from eating "some bad shrimp" but never disclosed he had hepatitis A, which can't be spread through casual contact, because he did not want the fight canceled.)

Holyfield said that in 2000 he was told by a Houston physician that he had a hormonal deficiency, which possibly was leading to his occasional bouts with fatigue.

"I would get tired for no reason at all," he said. "I was tired for the whole day. I'd even sleep, then I'd get up and it felt like I hadn't gotten any rest at all. Sometimes my energy would just go up and down for no reason. They said part of it might have been when I had the hepatitis A, which attacks the liver, and the stress."

Holyfield (someone is wishing today he had a gag on this guy) talked about Tyson, and not that he would talk about Tyson:

Holyfield also disclosed that the possibility of taking steroids was addressed early in his career in 1988, just prior to him moving up from cruiserweight to heavyweight. But he decided against it.



"Somebody high up in [boxing](#) mentioned to me that there was this other fighter who did steroids and I should too because it wasn't illegal in boxing yet," he said. "I said, 'I'm not going to do that. I ain't no cheater.' I was the undisputed cruiserweight champion and I was in the Olympics. If I started taking steroids, people would say, 'He cheated at everything.' But this guy told me, 'Well, [Mike] Tyson is doing it, you should, too. I said, 'I don't care if Tyson is doing it, I'm not.'"

Holyfield said he is not accusing Tyson of taking steroids; he was just relating the story. He also declined to say who addressed the subject with him, adding, "The person is still in boxing. People sue people. I don't need to get into that."

However, take heart: Holyfield says taking 'roids stinks:

He also said he was aware that one of his former trainers used steroids. "His personality went back and forth. Sometimes he was normal. Sometimes he was aggressive. [Another thing I noticed is that he smelled bad. A lot of times people who take steroids have this odor.](#)"

What stinks is this entire episode.

Posted by [GRG51](#) on 03/14/2007 | [Permalink](#)

Tags: doping, Evander Holyfield, Mike Tyson, steroids

## Comments



which are the major fatal risks of taking hormones?

Posted by: [Generic Viagra](#) | 09/21/2009 at 10:44



I think they all used steroids and hormones... I hate such sportsmans

Posted by: [hormones](#) | 07/14/2010 at 01:45



Very nice blog about boxing and mike tyson really very nice boxer. But I heard that he is taking steroids it is very bad. Thanks for sharing this information. keep posting such a nice post. I am expecting one article on Mohammad ali the great boxer. Thanks again.

.....Alex

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this is a great post and thank you for sharing this nice experience, and hope you can give another posts as soon as possible.

Posted by: [microsoft office 2007](#) | [09/29/2010 at 22:09](#)



Thank you for the article, I saw after the enlightened, my idea like you, just not good at expression

Posted by: [Air Yeezys](#) | [04/11/2011 at 21:34](#)



i don't know how to receive my response. Waiting for your reply! tks...

<http://www.nikeairmaxhop.com/>

Posted by: [Nike Air Max Shoes](#) | [04/14/2011 at 01:53](#)



I have to wear these convex soles due to a toe with arthritis. Needless to say, I would rather die than be caught wearing orthopedic shoes! I've gotten so many compliments on these shoes. They are incredibly comfortable and stylish. I bought them to go with dresses and skirts and they certainly don't look like typical, comfortable shoes. They aren't dainty stilettos, of course, but they aren't big clunky athletic type shoes, either.

Posted by: [Mbts](#) | [04/14/2011 at 03:01](#)



I very agree with your views from here.

Posted by: [Ken Griffey Jr Shoes](#) | [07/01/2011 at 02:54](#)



OH,GOOD!! saw for the first time. I'm quite happy

Posted by: [Cheap Jordans](#) | [07/01/2011 at 03:58](#)



The nomination of the winner depends on the capability and spirit of the personality to finish the race. I like the post very much as it contains informative knowledge. I like pics of Chelsea shares of the beauty of running in Madison, Wisconsin. I want to congratulate the winner for the nomination race. I want to know suggestion from others.

Posted by: [Onitsuka Tiger](#) | [07/05/2011 at 01:50](#)



I ordered the book this morning off you guys with the added quilt kit!!! I will be busy won't I especially when the other son said he wants one too. Oh dear!!! The joys of it all. Look forward to starting it. Take care plz!

Posted by: [Vibram Five Fingers Sale](#) | [07/05/2011 at 01:53](#)



I very agree with your views from here.

Posted by: [Ed Hardy Clothing](#) | [07/05/2011 at 01:58](#)



That will really help us all. And this might bring some good repute to you.

Posted by: [Cheap Sandals](#) | [07/05/2011 at 20:41](#)



Thanks for the info. We'll definitely check it out!!

Posted by: [Christian Louboutins](#) | [07/05/2011 at 20:44](#)



i agree with your views from here.

Posted by: [Polo Outlet](#) | [07/15/2011 at 02:08](#)



I was in low spirits before, but now I read your writing, I feel a little better!

Posted by: [Lacoste Trainers](#) | [07/15/2011 at 02:11](#)



I found your website perfect for my needs. It contains wonderful and helpful posts. I have read most of them and got a lot from them.

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This is a very good idea! Just want to say thank you for the information, you have to share. Just continue to write such a position. I will be your faithful reader. Thank you again.

Posted by: [Ken Griffey Shoes](#) | [07/25/2011 at 19:10](#)



with the means to hurt others to cover up the shortcomings of their own people, is shameful.

Posted by: [Air Max Shoes](#) | [07/27/2011 at 21:49](#)



You can share some of your article, I'm like you write something, really very good! I will continue to focus on

Posted by: [Air Force One](#) | [08/04/2011 at 21:04](#)



Thanks for the marvelous posting! This info is just what i was looking for.Welcome to look at my website and blog articles.I just believe you've made various good points inside elements likewise!p83161m18

Posted by: [Rosetta Stone store](#) | [03/21/2012 at 00:52](#)



I'm glad to see this blog.my friend told me that this blog is competitive.

Posted by: [christian louboutin shoes](#) | [05/22/2012 at 11:30](#)

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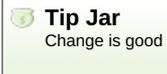
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