

# Breakfast BUZZ

YOUR MORNING DOSE OF NEED-TO-KNOW NEWS, WEATHER AND MORE.

## Wife Admits to Killing Husband by Putting Antifreeze in Steroids

Jamie Baker, now 47, faces up to life in prison after admitting to killing her husband

By Randall Chase

Published at 1:54 PM EST on Feb 6, 2017 | Updated at 7:11 AM EST on Feb 7, 2017



Jamie Baker could spend the rest of her life in prison after admitting to putting antifreeze in her husband James Baker's steroids. (Published Tuesday, Feb. 7, 2017)

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A woman has admitted to killing her weightlifter husband by [lacing his steroid injections with antifreeze](#).

Forty-seven-year-old Jamie Baker faces 15 years to life in prison for poisoning her 42-year-old husband James Baker, a competitive weightlifter who died in September 2013. Authorities said an autopsy found ethylene glycol in his system. The chemical is found in antifreeze.

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Jamie Baker reportedly told officers she filled a hypodermic syringe with antifreeze and injected it into her husband's bottles of liquid steroids, but she did not give them a motive.



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She had been charged with first-degree murder but pleaded guilty to second-degree murder Monday in Kent County Superior Court in Delaware. Her sentencing is set for March 30.

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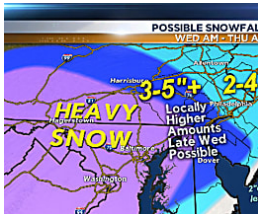
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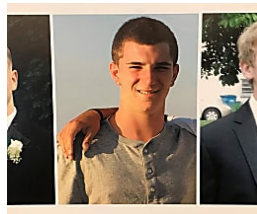
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